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# HEALTHYPARKSHEALTHYPEOPLE

## HPHP: Bay Area Collaborative Newsletter

October 2016

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### Overview

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*Image courtesy of Lea Kassa, Institute at the Golden Gate*

Welcome to the Healthy Parks Healthy People: Bay Area Collaborative newsletter.

This newsletter serves as a monthly forum for everyone to share agency updates, events, and highlights with the larger collaborative. This will also be a space where collaborative members

can view collaborative-wide updates, new resources, and updates from various working groups and committees.

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## Collaborative updates

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### Upcoming quarterly HPHP: Bay Area meeting dates

Tuesday, October 18<sup>th</sup> 9:30am-12pm, location TBD

### Health Outdoors! Parks and Public Health Forum Recap



*Image courtesy of Paul Meyers, Golden Gate National Parks Conservancy*

Thank you to everyone who attended the Health Outdoors! Parks and Public Health

Forum on September 21, 2016. This day was filled with dynamic speakers, engaging workshops, and discussions around how to bring together the sectors of parks and health. In addition to listening to speakers who are leaders in their fields, some of the highlights from this day include learning the dance to Michael Jackson's Thriller during the physical activity break, practicing yoga, and taking a historic walking tour of Fort Mason.

Health Outdoors! was filmed and photographed by BAYCAT. A video of the day will be made available this coming spring. To see photos from the forum please click [here](#).

## **HPHP: Bay Area marketing update**

At the last quarterly meeting, the collaborative voted to use BAYCAT to create and disseminate video collateral about the mission and work of HPHP: Bay Area. If you are interested in being part of the creative process for this collateral email [andiaye@parksconservancy.org](mailto:andiaye@parksconservancy.org).

## **San Francisco Recreation and Parks Department's new video**

At the Health Outdoors! Parks and Public Health Forum, the San Francisco Recreation and Parks Department debuted their new Healthy Parks Healthy People video that showcases their HPHP programs, and how participants have benefited from attending them. To view the video click the play button below.



## Step Out Walk to Stop Diabetes

New HPHP: Bay Area collaborative member, the American Diabetes Association, will be holding an event called the *Step Out Walk to Stop Diabetes* on October 1, 2016 on the Great Meadow at Upper Fort Mason at 10:00 am. This event will consist of a 5k walk or fun run, music, food, family friendly games, and a space for people to learn about diabetes prevention. To register for this event visit [diabetes.org/stepoutsf](http://diabetes.org/stepoutsf). To learn more information about this event contact Sherga Kong at [skong@diabetes.org](mailto:skong@diabetes.org).

## The HPHP: Bay Area collaborative MOU

There is still time to sign the [MOU](#) if your agency has not already done so. If your agency is interested in signing, please email [andiaye@parksconservancy.org](mailto:andiaye@parksconservancy.org).

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## Upcoming First Saturday programs

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HEALTHY  
PARKS  
HEALTHY  
PEOPLE  
BAY AREA

# First Saturday Programs

## OCTOBER 1ST

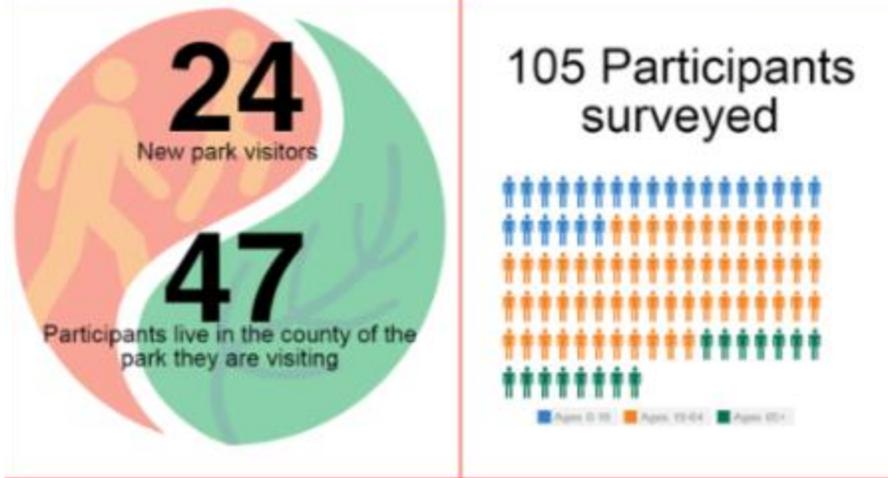
WHEN	WHERE	MAP
9:00 AM	Alviso Marina County Park, Santa Clara County	
9:00 AM	Edgewood Park, San Mateo County	
9:00 AM	Martial Cottle Park, Santa Clara County	
9:00 AM	Point Bonita YMCA, Marin County	
9:00 AM	Old Mill Park, Marin County	
10:00 AM	Stow Lake in Golden Gate Park, San Francisco County	
10:00 AM	San Francisco Maritime National Historical Park, San Francisco County	
10:00 AM	Maxwell Farms Regional Park, Sonoma County	
10:00 AM	Arrowhead Marsh, Alameda County	
10:30 AM	Don Edwards SF Bay National Wildlife Refuge, Alameda County	
11:30 AM	George "Rocky" Graham Park, Marin County	
2:00 PM	George "Rocky" Graham Park, Marin County	

## Healthy Parks Healthy People: Bay Area

WALKS ARE FREE, FUN, AND FAMILY-FRIENDLY!

FOR MORE INFORMATION VISIT: [WWW.HPHPBAYAREA.ORG](http://WWW.HPHPBAYAREA.ORG)

## September Site Survey Results



### Site surveys now available online

After receiving feedback about program leaders using tablets in the field, First Saturday program site surveys are now available online. We accept both online or emailed versions.

To take access the online version of the survey:

<https://www.surveymonkey.com/r/hphpsitesurvey>.

To download a physical copy of the site survey click [here](#).

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Funding opportunities

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**California State Parks Conservation Fund**

**Organization:** California State Parks Habitat Conservation Fund

**Status:** Now accepting applications

**Closing date to apply:** October 3, 2016

**Funding maximum:** \$2 million with a 50% match required from grantees

Eligible projects: nature interpretation programs to bring urban residents into park and wildlife areas, protection of various plant and animal species, and the acquisition and development of wildlife corridors and trails. Click [here](#) for more information.

### **Investigator-Initiated Research to Build a Culture of Health**

**Organization:**The Robert Wood Johnson Foundation

**Status:** Now accepting proposals

**Closing date to apply:** Applications accepted on a rolling basis

**Funding maximum:** \$2.2 million will be awarded annually to 5-12 applicants

The opportunity aims to provide individuals, organizations, communities, policymakers, and researchers with the empirical evidence needed to address the key determinants of health encompassed in the Culture of Health Action Framework. This grant consists of four priority areas: Making Health a Shared Value, Fostering Cross-Sector Collaboration to Improve Well-Being, Creating Healthier, More Equitable Communities, Strengthening Integration of Health Services and Systems. For more information about this funding opportunity click [here](#) .

### **Dissemination and Implementation Research in Health**

**Organization:**The Department of Health and Human Services

**Status:** Now accepting applications

**Closing date to apply:** May 7, 2019

**Funding maximum:** \$50,000

This Department of Health and Human Services funding opportunity encourages investigators to submit research grant applications that will identify, develop, evaluate, and refine effective and efficient methods, systems, infrastructures, and strategies to

disseminate and implement evidence-based health behavior change interventions, evidence-based prevention, early detection, diagnostic, treatment and management, and quality of life improvement services into public health, clinical practice, and community settings. For more information click [here](#).

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## Articles and events of interest

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### Articles

#### America Walks

*[Every Body Walk! Collaborative Justice Toolkit](#)*

#### Climate Readiness Institute

*[Climate Change & Bay Area Human Health Facts, Figures and Science-Based Storylines](#)*

By Riodan et al.

#### Health and Well-Being

*[The Relationship between Perceived Health and Physical Activity Indoors, Outdoors in Built Environments, and Outdoors in Nature](#)*

By Pasanen et. al

#### Montana Public Radio

*[Stressed? Science Says Take a Walk in the Woods](#)*

By Kaitlyn Anderson

#### National Recreation and Parks Association

*[Reducing Health Disparities in South Florida](#)*

By Kailyn Mattingly

### Events

#### Step Out Walk to End Diabetes

Great Meadow at Fort Mason

2 Marina Blvd

San Francisco, CA 94123

October 1, 2016

## Webinars

### National Park Rx Initiative

***Recorded: Creating and Strengthening Park Prescription Programs, Part I: Partnership***

### National Park Rx Initiative

***Creating and Strengthening Park Prescription Programs, Part II: Needs Assessments***

October 19, 2016

10:30 am PST

### National Park Rx Initiative

***Creating and Strengthening Park Prescription Programs, Part III: Implementation & Evaluation***

November 16, 2016

10:30 am PST

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If you would like to give feedback on the newsletter or would like to submit information for next month's addition (October 24th), please send it to [hphpbayarea@gmail.com](mailto:hphpbayarea@gmail.com) by October 17th.



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