
HEALTHYPARKSHEALTHYPEOPLE

HPHP: Bay Area Collaborative Newsletter

March 2016

Overview



Image courtesy of Lucien Sonder, San Francisco Maritime National Historical Park

Welcome to the first issue of the Healthy Parks Healthy People: Bay Area Collaborative newsletter.

This newsletter serves as a monthly forum for everyone to share agency updates, events, and highlights with the larger collaborative. This will also be a space where collaborative members can view collaborative-wide updates, new resources, and updates from various working groups

and committees.

Collaborative updates

Upcoming quarterly HPHP: Bay Area meeting dates

Tuesday, April 19th 9:30am-12pm

First Floor Conference Room
201 Fort Mason, San Francisco, CA 94109

Tuesday, July 19th 9:30am-12pm

The Pacific Room
Presidio Building #1014
Lincoln Blvd. & Torney Ave.
San Francisco, CA 94129

Tuesday, October 18th 9:30am-12pm

The Pacific Room
Presidio Building #1014
Lincoln Blvd. & Torney Ave.
San Francisco, CA 94129

The new HPHP: Bay Area website has launched

On March 1st, the new Healthy Parks Healthy People: Bay Area website was launched. This new website contains many features such as an interactive program calendar, a resources sharing platform, and information on the health benefits of nature. For more information, visit www.hphpbayarea.org.

Please share this website with your networks. Below are a few pre-written posts that you can share on your social media channels.

Twitter:

- We're excited to share that the collaborative we're a part of - @hphpbayarea - has launched a new website: hphpbayarea.org!
- [@hphpbayarea](https://twitter.com/hphpbayarea) has launched a brand new website! You can use it to find a

#HHPBayArea program near you: hphpbayarea.org.

- Find a @hphpbayarea First Saturday Program near you using the brand new #HHPBayArea website! hphpbayarea.org

Facebook:

- Check out Healthy Parks Healthy People: Bay Area's brand new website - hphpbayarea.org- where you can find a #HHPBayArea program near you, learn about the health benefits of nature, and meet the collaborative partners!
- Find a Healthy Parks Healthy People: Bay Area First Saturday Program near you by using the new and improved #HHPBayArea website! hphpbayarea.org
- The collaborative we're a part of, Healthy Parks Healthy People: Bay Area, has launched a brand new website! There's information about park programs, the health benefits of nature, park prescriptions, and so much more. We hope you check it out! hphpbayarea.org #HHPBayArea

The steering committee has been created

Thank you to everyone who submitted their input on the creation of a steering committee. After the overwhelmingly positive feedback, the committee will meet many times throughout the year and will be responsible for planning the agenda of each quarterly meeting. For information please contact Donna at dleong@parksconservancy.org.

The HPHP: Bay Area Collaborative MOU

There is still time to sign the [MOU](#) if your agency has not already done so. If your agency is interested in signing, please email Arielle at andiaye@parksconservancy.org.

First Saturday program updates



HEALTHY
PARKS
HEALTHY
PEOPLE
BAY AREA

First Saturday Programs

MARCH 5TH

WHEN	WHERE	MAP
9:00 AM	Alviso Marina County Park, Santa Clara County	
9:00 AM	Pescadero Creek Park, San Mateo County	
9:00 AM	Martial Cottle Park, Santa Clara County	
10:00 AM	San Francisco Maritime National Historical Park, San Francisco County	
10:00 AM	Stow Lake in Golden Gate Park, San Francisco County	
10:00 AM	Santa Venetia Marsh, Marin County	
11:00 AM	Point Bonita YMCA, Marin County	
2:00 PM	Presidio, San Francisco County	
2:00 PM	Mill Valley Rec Center, Marin County	
2:00 PM	Roberts Regional Recreation Area, Alameda County	
2:00 PM	George "Rocky" Graham Park, Marin County	
3:30 PM	Tilden Regional Park, Contra Costa County	

Healthy Parks Healthy People: Bay Area

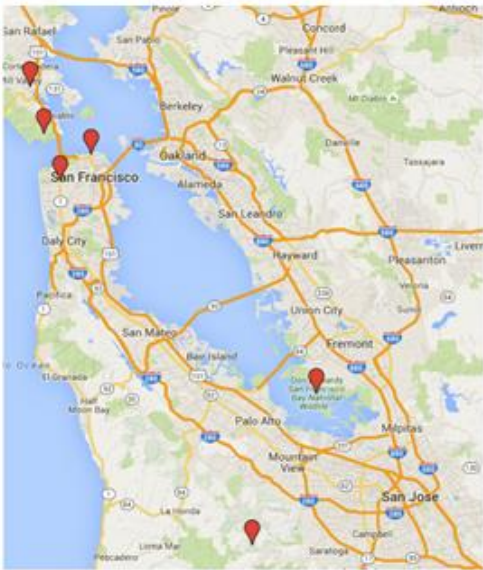
WALKS ARE FREE, FUN, AND FAMILY-FRIENDLY!

FOR MORE INFORMATION VISIT: WWW.HPHPBAYAREA.ORG

February Site Survey Results



92 Participants accounted for



Parks represented this month

- Don Edwards San Francisco National Wildlife Refuge
- Point Bonita YMCA
- Golden Gate Park
- Long Ridge Open Space Preserve
- Mill Valley Recreation Center
- San Francisco Maritime National Historical Park

February highlights and testimonies

- February First Saturday programs had the highest attendance (92 participants) since the program's launch in 2013.
- San Francisco Recreation and Parks Department had the highest turnout this month of 39 participants.

HPHP: Bay Area in the media



Image courtesy of San Mateo County Parks

First Saturday programs featured in SF Gate

This [SF Gate](#) article describes how San

Marin City's Park Prescription program featured on *Open Road with Doug McConnell*

This segment on [Open Road with Doug McConnell](#) highlighted the new community-built park in Marin City and wellness programs it offers, including Park Prescriptions. Healthy Parks Healthy People: Bay Area even received a shout out.

Congratulations Dr. Curtis Chan and Dr. Nooshin Razani

Drs. Curtis Chan and Nooshin Razani were recognized for their roles in creating Park

Francisco Rec and Park's First Saturday program provided a welcome and peaceful respite for those who were not interested in the rowdy festivities surrounding the Super Bowl.

Prescriptions programs in Bay Area by the California Parks and Recreation Society. Drs. Chan and Razani received the 2016 California Park & Recreation Society Service Award of Excellence. Their hard work to integrate health and nature will be recognized at the CPRS ceremony in Long Beach, CA later this year.

Articles and events of interest

Articles

Journal of Environmental Health

[*Parks: An Opportunity to Leverage Environmental Health*](#) by Dee Merriam

February 1, 2016

Parks & Recreation

[*Breaking Down Barriers- Parks and Recreation Connecting with Public Health*](#) by

Richard J. Dolesh and Zarnaaz Bashir, MPH

February 1, 2016

Events

National Park Service

[National Park Prescriptions Day](#)

April 24, 2016 ALL DAY

Webinars

National Recreation and Park Association

[Park Prescriptions: Nature is the Medicine](#)

March 3, 2016 at 2:00pm ET

America Walks

[Surgeon General's Call to Action – Walking as a Practice](#)

April 14, 2016 at 2:00pm ET

National Recreation and Park Association

[Making the Case to Elected Officials: Parks and Health](#)

May 12, 2016 at 2:00pm ET

If you would like to give feedback on the newsletter or would like to submit information for next month's addition (March 28th), please send it to hphpbayarea@gmail.com by March 18th.

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201 Fort mason, San Francisco, CA, 94123

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