
HEALTHY PARKS HEALTHY PEOPLE

January 2017 Newsletter

Highlights



Image courtesy of Santa Clara County Parks

The year in review

Happy new year! As we gear up for the new year, we want to thank you for your leadership and partnership in creating healthy communities that use and enjoy parks.

In 2016, we came together to accomplish many activities. Here are just a few:

- The collaborative created a steering committee and set two priority areas that are guiding its work:
 - Goal 1: Creating and strengthening Park Prescriptions programs in the Bay Area
 - Goal 2: Strengthening internal and external communications
- HPHPBayArea.org was launched and serves as a resource for the public to find programs near them
- The HPHP: Bay Area Newsletter was created to keep member agencies informed about program updates and news at the intersection of parks and health
- HPHP: Bay Area partnered with Bay Area Moves! and BANPAC to put on the Health Outdoors! Parks and Public Health Forum, which brought together public health, parks, and nonprofit professionals from across the bay.

Collaborative updates

HPHP: Bay Area Quarterly Meeting

Tuesday, January 17th 9:30am-11am

Conference Rooms A&B (5th floor)

[San Francisco Federal Building](#)

[90 7th St, San Francisco, CA 94103](#)

RSVP is required to attend this meeting in person

Meeting call-in information:

Please join my meeting from your computer, tablet or smartphone.

<https://global.gotomeeting.com/join/272424333>

Join the conference call:

We are using a call-in line that is different from the built-in audio. Please dial in to the following to hear the conversation: **(712) 432-1699 PIN: 297788#**

Future quarterly meeting dates:

Tuesday, April 18th 9:30am-11am, location TBD

Tuesday, July 18th 9:30am-11am, location TBD

Tuesday, October 17th 9:30am-11am, location TBD

HPHP: Bay Area Meeting Topics

In an effort to share members' collective knowledge, each quarterly HPHP meeting in 2017 will feature a speaker sharing best practices and answering questions on a topic related to removing barriers to park access.

For our January 17th meeting, Carla Schoof from San Mateo County Parks will be talking about transportation and will share lessons learned from her agency's shuttle program.

National Park Prescriptions Day, April 23, 2017

The Institute at the Golden Gate is helping to coordinate many different agencies (SF and across the Bay) for a large-scale National ParkRx Day celebration at Crissy Field in San Francisco. This event will be open to the public and feature many family-friendly games and activities. If your agency is interested in joining the celebration, please email dleong@parksconservancy.org. Also, please fill out the [google spreadsheet](#) with how your agency is planning to celebrate National ParkRx Day 2017. The collaborative is in the process of seeking sponsorship and in-kind donations for events being held on April 23rd. This spread sheet will be used to assess the amount of donations that the collaborative will seek to acquire.

Where to find collaborative resources

Looking to read past issues of the newsletter, read past reports, or other collaborative resources? Visit the [resources](#) page of [hphpbayarea.org](#).

Upcoming First Saturday programs



First Saturday Programs

JANUARY 7TH

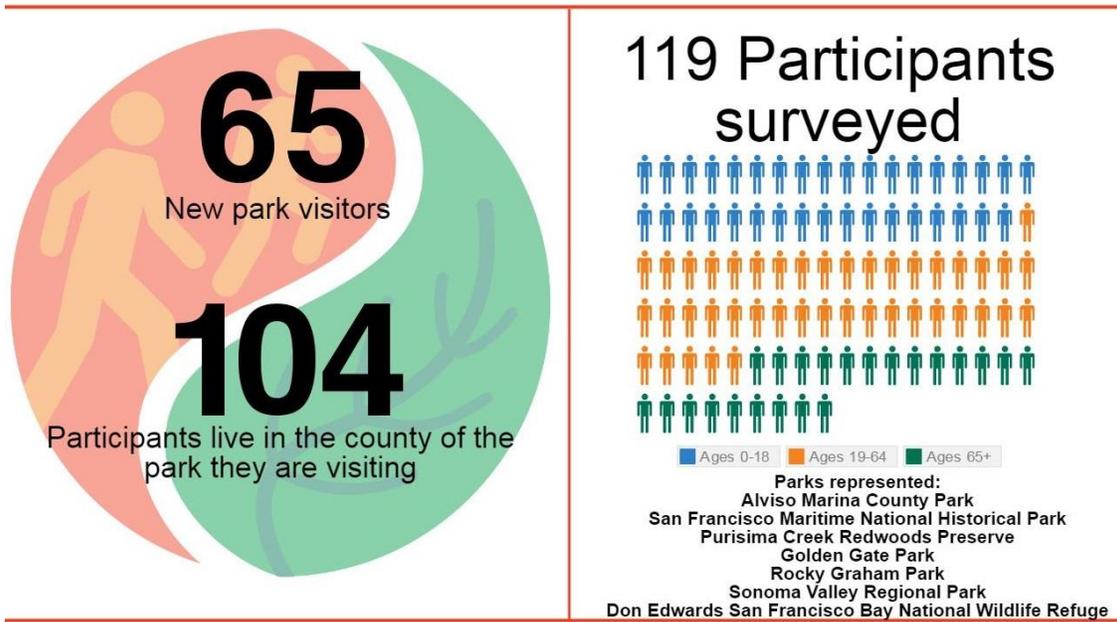
WHEN	WHERE	MAP
8:00 AM	Coyote Hills Regional Park, Alameda County	A map of the San Francisco Bay Area with several blue location pins indicating the sites for the First Saturday programs. The pins are located in Alameda County, Santa Clara County, Marin County, and San Francisco County.
9:00 AM	Alviso Marina County Park, Santa Clara County	
9:00 AM	Martial Cottle Park, Santa Clara County	
9:00 AM	Old Mill Park, Marin County	
10:00 AM	Leona Canyon Regional Open Space Preserve, Alameda County	
10:00 AM	San Francisco Maritime National Historical Park, San Francisco County	
10:00 AM	Stow Lake in Golden Gate Park, San Francisco County	
10:30 AM	Don Edwards SF Bay National Wildlife Refuge, Alameda County	
11:30 AM	George "Rocky" Graham Park, Marin County	
2:00 PM	George "Rocky" Graham Park, Marin County	

Healthy Parks Healthy People: Bay Area

WALKS ARE FREE, FUN, AND FAMILY-FRIENDLY!

FOR MORE INFORMATION VISIT: WWW.HPHPBAYAREA.ORG

December Site Survey Results



Download the First Saturday program graphic and post it to your social media channels using #HPHPBayArea!

[Click here to download the First Saturday graphics](#)

Funding opportunities

Emerging Leaders in Public Health

Organization: The Kresge Foundation

Status: Call for applications opens on January 4, 2017

Closing date to apply: February 6, 2016

Funding maximum: \$125,000

Emerging Leaders in Public Health is an opportunity designed to develop local public health leaders in pairs. This team of leaders will challenge and support each other, and build skills and competencies together. Each team is composed of a health officer collaborating with a co-leader identified as an emerging leader from the same organization. In addition to receiving leadership coaching and development, each team receives a grant up to \$125,000 to develop and implement a transformative concept designed to deliver a new model of public health for its community.

Professional development opportunities

Introduction to Inclusive Recreation

This online course from NRPA will cover the Americans with Disabilities Act, best practices, long-term benefits of inclusive recreation, and the history and definitions of inclusive recreation. Participants will also receive a strong introduction to effective behavior management and learn the roles staff will play in implementing this initiative. The cost of this program for NRPA members is \$50.00, for nonmembers is \$65.00.

Additional resources and webinars of interest

New resources

[The Case for Healthy Places: Improving Health through Placemaking](#)

Project For Public Spaces

Upcoming webinars

[Rec2Tech: Empowering Your Agency's Programming](#)

January 12, 2017 2:00pm-3:00pm EST
National Recreation and Park Association

[Emerging Leaders in Public Health Informational Webinar](#)

January 18, 2017 2:00pm-3:00pm EST
The Kresge Foundation

Reminders

Links to site surveys

The online version of the survey:

<https://www.surveymonkey.com/r/hphpsitesurvey>

Download a [physical copy](#) of the site survey.

Sign the MOU

There is still time to sign the [MOU](#) if your agency has not already done so. If your agency is interested in signing, please email Arielle at andiaye@parksconservancy.org.



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