
HEALTHY PARKS HEALTHY PEOPLE

February 2017 Newsletter

Highlights

Healthy Parks Healthy People: Bay Area

A Roadmap and Case Study
for Regional Collaboration



Image courtesy of Institute of the Golden Gate

New HPHP: Bay Area Report

The new HPHP: Bay Area report is here! Titled, *Healthy Parks Healthy People: Bay Area, A Roadmap and Case Study for Regional Collaboration*, this report is a case study of the HPHP: Bay Area collaborative. This report illustrates the best practices around creating and maintaining a regional collaborative. Thank you to everyone who helped make this report possible! To download this report visit hphpbayarea.org/resources.

Collaborative updates

HPHP: Bay Area Quarterly Meeting Dates

The collaborative meets once each quarter to discuss collaborative administrative items, share lessons learned, and engage in strategic planning. For those who cannot make these meetings in person, a call-in option is always provided.

Tuesday, April 18th 9:30am-11am, location TBD

Tuesday, July 18th 9:30am-11am, location TBD

Tuesday, October 17th 9:30am-11am, location TBD

HPHP: Bay Area Meeting Recap

The HPHP: Bay Area collaborative met on January 17th for the first quarterly meeting of 2017. At this meeting Carla Schoof shared lessons learned around her agency's shuttle program, Aiko Yoshino and Jackson Wilson shared preliminary results from their study on First Saturday type programs, and the collaborative briefly talked about the upcoming Park Prescription meetings and National Park Prescription Day 2017.

The next quarterly meeting will be on April 18th, 2017. The location and agenda for this meeting will be sent out closer to the meeting date.

Action items from this meeting:

- Email Aiko Yoshino if you are interested in participating in the next phase of her study
- Please fill out the google [spreadsheet](#) if your agency is planning to celebrate National Park Prescription Day 2017 by February 17, 2017

National Park Prescription Day, April 23, 2017

The Institute at the Golden Gate is helping to coordinate a large-scale National Park Prescription Day celebration at Crissy Field in San Francisco. This event will be open to the public and feature many family-friendly games and activities. If your agency is interested in joining the celebration, please email dleong@parksconservancy.org. Also, please fill out the [google spreadsheet](#) if your agency is planning to host its own celebration by **February 17, 2017**.

Let's Get Healthy California Innovation Challenge 2.0

Congratulations to Marin Health and Human Services, Marin County Parks, and HPHP:Bay Area for being selected as finalists in the Innovation Challenge 2.0 (which is given by the California Department of Public Health)! The theme of this year's challenge was social determinants of health, highlighting the work of agencies that are using creative and effective models to improve community health and health care.

Marin Health and Human Services, Marin County Parks, and the Institute at the Golden Gate will be presenting on a panel about their work at the 2017 Health Innovation Conference, in Sacramento on February 27, 2017. To learn more about this award, click [here](#).

Upcoming First Saturday programs

First Saturday Programs

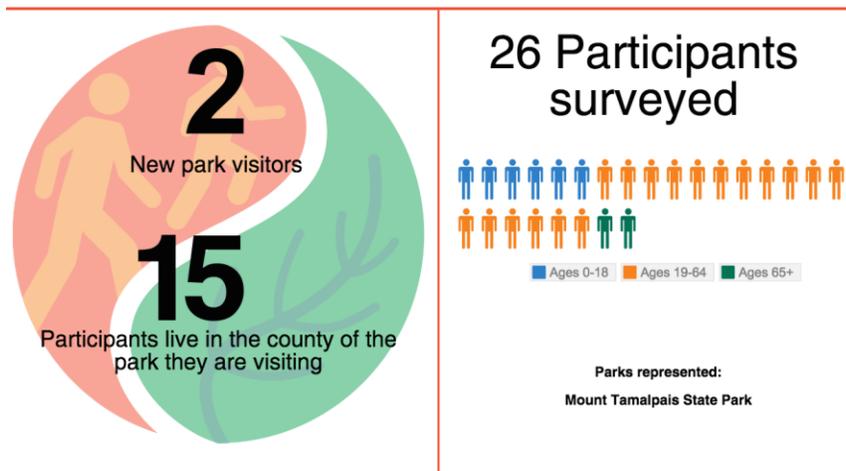


FEBRUARY 4TH

WHEN	WHERE	MAP
8:00 AM	Garin Regional Park, Alameda County	
9:00 AM	Point Bonita YMCA, Marin County	
9:00 AM	Alviso Marina County Park, Santa Clara County	
9:00 AM	Martial Cottle Park, Santa Clara County	
9:00 AM	Old Mill Park, Marin County	
10:00 AM	San Francisco Maritime National Historical Park, San Francisco County	
10:00 AM	Stow Lake in Golden Gate Park, San Francisco County	
10:30 AM	Don Edwards SF Bay National Wildlife Refuge, Alameda County	
11:30 AM	George "Rocky" Graham Park, Marin County	
2:00 PM	Presidio Visitor Center, San Francisco County	
2:00 PM	George "Rocky" Graham Park, Marin County	

Healthy Parks Healthy People: Bay Area
 WALKS ARE FREE, FUN, AND FAMILY-FRIENDLY!
 FOR MORE INFORMATION VISIT: HPPHBayArea.org

January Site Survey Results



Download the First Saturday program graphic and post it to your social media channels using #HPPHBayArea!

[Click here to download the First Saturday graphics](#)

Funding opportunities

The Culture of Health Leaders Program

Organization: The Robert Wood Johnson Foundation

Status: Currently open

Closing date to apply: February 15, 2017

Funding maximum: \$60,000

This program is a leadership development opportunity for people working in every field and profession who want to use their influence to advance health and equity. Through this program, leaders will be prepared to collaborate and provide transformative leadership to address health equity in their communities.

Over the course of the three-year program, leaders will:

- Receive an annual stipend of \$20,000 per person—which can be used to cover salary, living expenses and more—for three consecutive years.
- Develop high-level leadership skills through professional coaching, networking, and an advanced leadership curriculum, including up to four in-person leadership sessions reinforced by distance-based learning using interactive technology.
- Create an individual leadership plan that includes self-assessment, leadership development goals, and plans for continued growth and impact after the program is completed.
- Continue working in their home communities and applying new lessons in real time.
- Network and become part of a national group of leaders.
- Receive executive coaching from national leaders in areas such as futures and change management, health equity, and social innovation.

- Initiate a bold Culture of Health project in the third year of the program.

Professional development opportunities

Robert Wood Johnson Foundation Leadership Development Programs

The Robert Wood Johnson Foundation has announced a call for applications for the second cohorts of the Clinical Scholars, Culture of Health Leaders, Health Policy Research Scholars, and Interdisciplinary Research Leaders leadership programs. Each of these programs are designed to extend the influence and impact of leaders working to build a culture of health within their communities. Application dates for each program varies.

Additional resources and webinars of interest

Articles of Interest

Older Adults: Exploring Their Changing Demographics and Health Outlook

By M.Jean Keller

National Recreation and Park Association

Brain+ Nature=Healthy (Featuring Dr. Nooshin Razani)

By Alison Hawkes

Bay Nature

Why Urban Parks Are Essential Infrastructure

By Catherine Nagel

Governing

Podcasts

Children, Nature, and the Importance of Getting Kids Outside

National Institute of Environmental Health Sciences

Webinars

Park Champions: Bringing Capitol Hill to a Park Near You!

February 08, 2017, 3:00pm-4:00pm EST
National Recreation and Park Association

Beyond the First Step: The Many Benefits of Walking and Walkability [Recording]
America Walks

Health Benefits of Green Infrastructure [Recording]
American Planning Association

Reminders

Links to site surveys

The online version of the survey:

<https://www.surveymonkey.com/r/hphpsitesurvey>

Download a physical copy of the site survey.

Sign the MOU

There is still time to sign the [MOU](#) if your agency has not already done so. If your agency is interested in signing, please email Arielle at

andiaye@parksconservancy.org.



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